

**L-Spine-LSIJD Database Format**

Date	Name	Pain	FSL	Weak Glut medius	ASIS	SacBase Inf SA	L Spine Flexion Rotation	Treatment
07/19/11	Xx Yyy L Stp dwn R Ext rot	IS @ T4-5 9 T10 tite	L 5 mm	L 3f	L Ant	L Ant L Ant	L45RotL	<b>Dx: LSIJD</b> <b>OMT</b> x 5 > aems/?
08/03/11	Stdg: L SD Gait nl	RIS tite/0-9 R/L QL tite/ 0-5 ache CLB 0-5 ache s rad	L 5 mm	L 3f	L Ant	L Ant L Ant	L45RotL	<b>Dx: LSIJD</b> <b>OMT</b> x 4 >aems/? <b>#1 D12</b> 50:50 T 3-12 bil
10/12/11	Stdg: R SD Sit: R SD L Stp dwn R Ext rot	RIS 3-6 LT6-9 5-9 LBP very occ	L 3 mm	L sl5f	L Post	L Post L Post	LT3 hump T12RotL L45RotL	<b>Dx: LSIJD</b> <b>#2 D12</b> 50:50 L345 xvp/Dist ILL/SSIL/I SILbil <b>X-ray:</b> r/o L6
<b>10/20/11: X-ray normal: no L6</b>								
11/08/11	Stdg: LSD Gait nl	RIS 3-7 LT6 stress better LLB 0 !!	<b>0—0</b>	<b>0—0</b>	<b>0—0</b>	<b>0—0</b> <b>0—0</b>	T12RotL L45RotL	<b>Dx: LSIJD</b> <b>Resolved!!</b>
<b>Sacrum stable</b>								

Ant = anterior	L = lumbar or left	r/o = rule out	xvp = transverse process
----------------	--------------------	----------------	--------------------------

bil = bilateral	LB = lower back	Rot = rotation	ILL = iliolumbar ligament
Dist = distal	Mm = millimeter	SD = shoulder down	ISIL = inferior sacroiliac ligament
Ext = external	nl = normal	sl = slight	OMT = osteopathic manual therapy
f = finger(s)	Post = posterior	SSIL	SIJD = sacroiliac joint dysfunction
IS = interscapular	Ql = Quadratus lumborum	Stp dwn = step down	
aems = all joints aligned, legs equal length, joints mobile, muscles equally strong/stable or unstable			