

Wrist Database Format								
Date	Name	Right	Left	Treatment				
		Wrist Lig	CMC	MCP	SL Lig		MCP	
15 yo RH WF HS gymnast c progressively severe L wrist pain since August 2011								
11/30/11	Xx Yyy	Scap-Cap 3			Scap-Rad 3 Scap-Lun 5 Lun-Rad 3			<b>Dx: Wrist Sprain, bil</b>
12/06/11		Scap-Cap 3			Scap-Rad 3 Scap-Lun 5 Lun-Rad 3			<b>Dx: Wrist Sprain, bil</b> Lido patch #1 D12 50:50 R/L:S-R/S-L/L-R
01/03/12		S-C 0 S-L 4 L-T 2			Scap-Rad 3 S-L 2 T-Ulnar 1			<b>Dx: Wrist Sprain, bil</b> Lido patch #2 D12 50:50 R/L:S-R/S-L/ L-R
01/31/12	Pt has no complaints	S-C 0 S-L 0 L-T 0			Scap-Rad 0 S-L 1 T-Ulnar 0			<b>Dx: Wrist Sprain, bil</b> RTC 4 wks
02/28/12		S-C S-L 0(-)5/5 L-T			Scap-Rad S-L 0(-)3/5 T-Ulnar			<b>Dx: Wrist Sprain, bil</b> Lido patch #3 D12 50:50 R/L: S-L bil

bil = bilateral	Lun = lunate	Scap = scaphoid
c = with	Rad = radial	T = triquetral
L = Left	R = right	